



The King Home

IT'S A WAY OF LIFE.

The King Home

It's a Way of Life.



THE SPIRIT OF KING HOME

Come join in the spirit of King Home. A spirit of independence, camaraderie, and involvement. This is a community alive with people of varied backgrounds, who have chosen to celebrate an urban, yet neighborly, lifestyle.

Visitors often note the convenient location, tucked within a beautiful tree-lined neighborhood near vibrant, downtown Evanston. Residents enjoy the nearby options for dining, shopping, and the chance to pop into the post office or take the train to Chicago. A short stroll can put you at the lakefront or the movie theater.

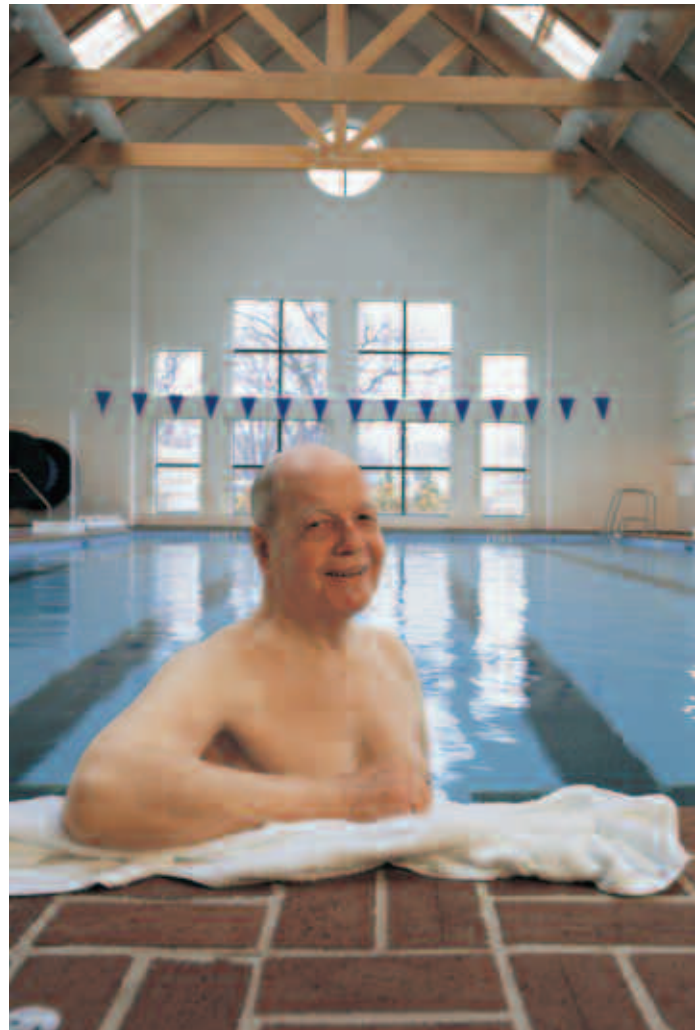
“The cost is much less than other retirement options on the North Shore, and health care is included if I ever need it.”

ACTIVE AND INVOLVED

There are ongoing opportunities to join residents of other Presbyterian Homes communities in Evanston — at Ten Twenty Grove and at Westminster Place — for trips, classes, or for exercise at the Kimble Fitness Center.

Personal trainers are available at Kimble to create individualized programs to meet specific needs for strengthening or aerobic activity. Weekly exercise classes at King Home, such as tai chi or group exercise, offer options closer to home.

For relaxation, residents enjoy our lounges, library and garden. The Club Room is the perfect place for a game of billiards or a few hands of bridge. We have a hobby shop and an extensive program of activities, entertainment and holiday celebrations.



“The staff provides exactly the kind of service I expect. It’s been great to make new friends here while I still enjoy outside interests.”

INDEPENDENT CHOICES FOR INDEPENDENT RESIDENTS

We encourage and promote your independence and current interests, yet there's always respect for a person's privacy and personal life. Meeting your new neighbors at King Home is easy - - lecture series, social activities and stimulating events instantly connect you with others who seek involvement or conversation.

Among the services and amenities offered at King Home, and included in the monthly fees, are:

- Weekly housekeeping and routine apartment maintenance
- Three meals a day in our dining room. Menus are developed by a nutritionist, with ongoing input from residents and their families.
- Utilities (except telephone)
- Shuttle service to grocery stores, Kimble Fitness and Therapeutic Center, and other locations
- Emergency medical-response system



- Wellness services by our staff nurse
- Medical and rehabilitative services are provided at both the King Home Clinic and the Hansen Clinic at Westminster Place by staff physicians and specialists

As part of a continuing care retirement community, King Home residents have priority access to more comprehensive residence choices offered by Presbyterian Homes. Various levels of health care, including short- and long-term skilled care, rehabilitation services, and memory care, are available at the McGaw Care Center, should the need arise.



**A MEMBER OF
PRESBYTERIAN HOMES**

You can relax knowing that King Home is a non-sectarian member of Presbyterian Homes — a not-for-profit organization with a national reputation for creating extraordinary communities for older adults for over 100 years.

James C. King, a self-made man who amassed a fortune as a lumberman and member of the Chicago Board of Trade, endowed the King Home in 1905. Early residents were supplied with furnished rooms, tailor-made clothing and cigars. They also enjoyed such pastimes as billiards, poker, and horseshoe tournaments.

The King Home Board decided to relocate to Evanston and purchased the property at 1555 Oak Avenue in 1951. In 1985, the King Home affiliated with Presbyterian Homes.

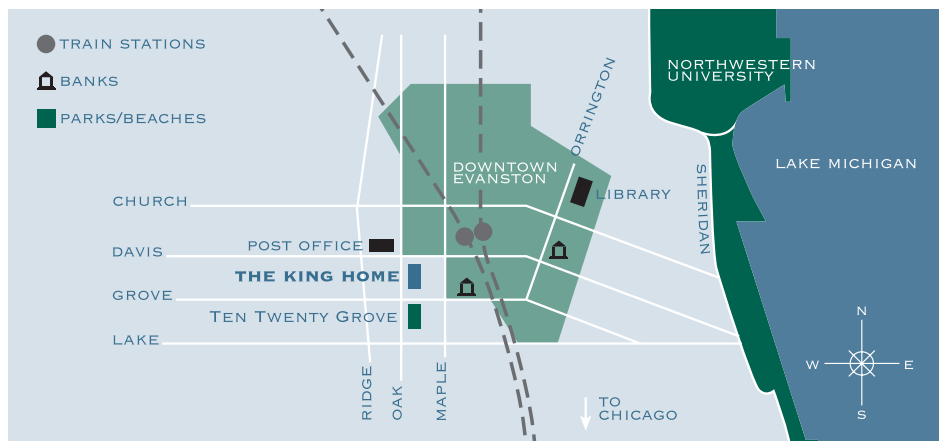


“I like being on my own timetable. I have the freedom to come and go as I please and pick activities that interest me.”



COME FOR A VISIT

We invite you to schedule an appointment by calling our Admissions Director at 847-866-2111 to visit King Home, see our apartments, and perhaps have lunch. Discover King Home for yourself.



Older adults shown are residents of Presbyterian Homes Communities.

SAMPLE MENU AT THE KING HOME

We offer a seasonal menu. In a typical week, you might choose from these selections:

BRIGHT BEGINNINGS

French Toast or Pancakes
Eggs as you prefer them
Bacon or Sausage
Hot Cereals
Corned Beef Hash or Hashbrowns
Fresh Fruit
Muffins and Assorted Pastries

Always Available:

Cold Cereal
Assorted Cocktail Fruits
Bagels, English Muffins, Toast
Fruit and Vegetable Juices
Fresh Fruit

MID-DAY OFFERINGS

Fresh Soups Served Daily
Entrée Salads:
Chef, Chicken Caesar, Cobb,
Oriental Chicken

Casseroles:

Chicken Noodle, Tuna,
Macaroni and Cheese

Hot Grilled Sandwiches:

Reuben, Turkey, Triple Grilled Cheese

Traditional Favorites:

Chicken a la King
Hot Roast Beef Sandwich w/Gravy

Cold Sandwiches:

Ham, Turkey, Chicken Salad
Peanut Butter and Jelly

Always Available:

Fresh Fruit Plates
Relish Plates with Dressing
Tossed Salad Plate

EVENING AFFAIR

Baked Chicken
Beef Kabobs
Shrimp with Angel Hair Pasta
Liver & Onions
Beef or Lamb Stews
Baked Potato
Chicken Cacciatore
Catch of the Day (Fresh Fish)
Baked or Broiled Fish
Hot or Cold Sandwiches
Fresh Fruit Salad
Mashed Potatoes
Vegetables Served Daily
Pastas, Grains

SUNDAY DINNER

Featured Salad
Prime Rib
Roast Lamb
Beef Tenderloin
Smoked Ham
Short Ribs
Fresh Vegetables
Pasta, Grains, Potatoes

DESSERTS

Homemade Cakes and Pies
Fresh Baked Cookies
Fruit Bars and Slices
Assorted Ice Creams and Sundaes
Banana Splits

The King Home

SAMPLE PROGRAMS, ACTIVITIES AND EVENTS

- Trips to Chicago Symphony, Ravinia, Evanston Symphony, Lyric Opera
- Millennium Park Tour and Lunch
- Trips to Cubs Games
- Lunch with Northwestern University coaches at The King Home
- Trips to Northwestern basketball and football games
- Music programs
- Trips to see productions in Chicago and at Marriott's Lincolnshire Theatre
- Movies
- Choir and Bible study
- Book reviews
- One-on-one computer classes
- Discussion groups
- Investment clubs
- Concerts
- Trips to the Art Institute of Chicago and Milwaukee Art Museum
- Travelogue
- Holiday celebrations
- Golf outings

FITNESS CENTER PROGRAMS

- Men's Exercise Classes
- Tai Chi*
- Chair Exercise*
- Balance Class*

* Classes available at both The King Home and at the Kimble Fitness and Therapeutic Center on the Westminster Place campus.

King Home

A Non-sectarian Member of Presbyterian Homes

1555 Oak Avenue
Evanston, Illinois 60201

847-866-2111

www.presbyterianhomes.org